# The Teesside Medical Day

*for Year 10/11s interested in a career in medicine*

**Who are Medical Days for?**

Medical Days are arranged for Years 10 and 11 students that are interested in a career in medicine. The days are designed to provide them with the information that they would need to apply for medical school. Young people participate in activities that are supervised by medical students, and hear from practising medics about what their career is like.

**What happens?**

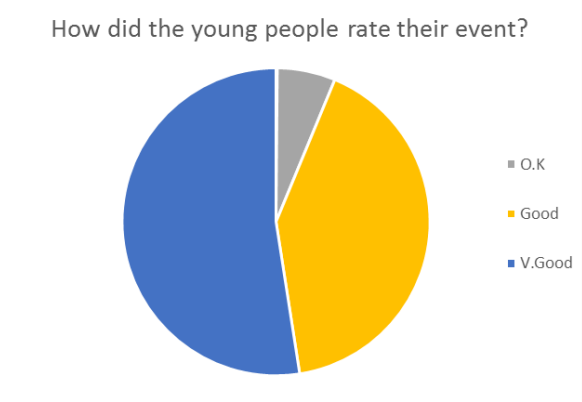
The day starts with a presentation that outlines the entry requirements for Medical School; this includes the academic expectations, interview processes and admission tests. Current medical students also describe their lives at university. The young people then go off to work on practical, medical-related activities, led by the Medical students. Finally, practising medics describe their work and answer questions from the young people.

This year, in addition to the E.M.A, Diagnostics and Medical Ethics activities, we will be introducing a new activity.

**How are they rated?**

In 2016/17, a total of 15 Medical Days were arranged across the UK. 99% of the teachers and 93% of the young people at these days, rated them as good or very good.

Last years venues included Liverpool John Moores University, Harrow School and Middlesbrough College. Additional events will be arranged this year.

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**The Emergency Medical Assistance Activity**

The medical students explain to the young people about the different actions necessary to assist a person who has collapsed. They are shown how to place a person into the Recovery position, and about Cardio-Pulmonary Resuscitation [CPR]. Young people are also shown how to assist a person who is choking.

**The Medical Ethics Activity**

The young people are presented with real-life situations in which doctors have had to make ethical decisions. Within their teams, they consider how they would have responded as each situation developed, before being presented with the final outcome. The medical students guide them in their discussions, with reference to the Principles of Medical Ethics. Finally, teams present their dramatized scenarios.

**The Diagnostics activity**

A medical student plays the role of a patient suffering from a range of illnesses. Under guidance, the young people question the 'patient' in order to determine their symptoms, diets and lifestyles. The young people then get to examine X-rays of affected joints and determine sugar levels in 'urine' samples.

The **Teesside Medical Day** is being hosted by **Middlesbrough College.** It is taking place on **Wednesday 21st February 2018** from **1.30–6.15pm**.

The cost of each young person's participation is **£29 + VAT.** Places are allocated on a first come, first served basis.

If you have any queries about the Medical Days, please contact:

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